



# Nauset Heights July 4<sup>th</sup> Fun Run

THIS IS A WALK OR RUN EVENT. GO AT YOUR OWN PACE

The Fun Run is organized by NausetHeights.org. A contribution of \$10 per individual would be appreciated. All proceeds are donated to charities.

Starting at the Priscilla Beach parking lot, the course will take participants on a scenic, "back-roads" tour of Nauset Heights for approximately 2.2 miles, finishing back at Priscilla Beach. The course is challenging with steep hills and tricky footing in some areas.

## WAIVER AND RELEASE OF CLAIMS, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

**Waiver must be read and signed before running.**

This is a release of all claims. In signing this form, I agree to assume all responsibility for all risk or injury that may occur to me while traveling to, from or while running and attending the listed activities. I hereby for myself, heirs, executors and administrators release and discharge any and all sponsors and all persons associated with the race including the Town of Orleans, NausetHeights.org, volunteers and organizers of the race for any injury suffered by me. I attest and certify that I am physically able and sufficiently trained for competition or walking this event. I also give permission to NausetHeights.org to use any photographs that it obtains during this event for promotional purposes.

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Print Name

Email

Age

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Mailing Address

Phone

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Signature

Parent's Signature if under 18