



Fall 2011

NAUSET HEIGHTS ASSOCIATION

Preservation ♦ Friendship ♦ Community

Est. 1953



FALL IN NAUSET HEIGHTS

Another Successful and Fun Filled Season

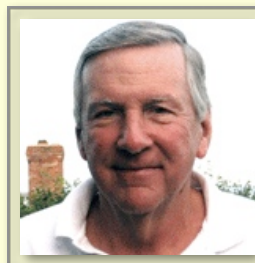
As we enter into late fall and the holidays, we can all look back at a variety of activities for our members from golf to tennis to social events and membership meetings. There are so many reasons to join the Nauset Heights Association and participating in all the fun-filled events with your neighbors is certainly one of the biggest. Of course our annual directory of all NHA members with their contact information is another important benefit. NHA publishes two newsletters during the year. This is the Fall Newsletter that is sent out by email and in spring we publish a more comprehensive newsletter with all Board Members' and Committee Heads' names and pictures, the events for the season,

photos from past events, and other pertinent news of our community. Membership grants you access to attend all association business meetings where community and town concerns are discussed. NHA has a wonderful website as well and communication is enhanced by our group email blasts when issues arrive and members need to know about them quickly. Please make sure you look for your membership renewal in the mail in January. Don't be left out for 2012! Visit us at: www.NausetHeights.org/NHA.

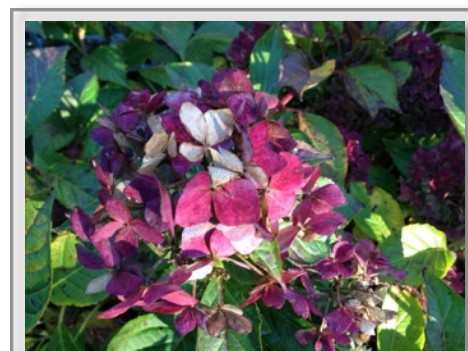


A Message from Our Board President, King Nelson

"As we close 2011, I want to thank all of you who participated in our NHA events as well as say a sincere "thank you" to your Board of Directors for planning and running these great events this year -- our golf tournament, tennis tournament, Nauset Heights clean-ups, member meetings and our wonderful Lawn Party hosted by the Tyngs. 2012 promises to be an even better year for your association and I look forward to seeing all of you soon."



Contact King Nelson at:
nha@nausetheights.org



2012 IS COMING! HOW WOULD YOU LIKE TO BE INVOLVED IN NHA?

Consider now how you might want to become a committee member or head up a committee in 2012. We have a variety of **committees** right now that could use your help:

- Membership and New Neighbor
- Lawn Party
- Environmental
- East Orleans Business Liaison
- NHA Stairs
- Summer Events
- Newsletter Reporters
- Come Up With Your Own!

The strength of any organization depends on the involvement of its members.

NHA is a wonderful association, but it could

be even better if you were involved. We are always in need of members who want to go the



extra mile and become more involved in our association. If you would like to head a committee, join a committee or help out in any other way, please feel free to contact us at: nha@nausetheights.org.

COMMUNITY ORGANIZATIONS PROVIDING HELP WHEN NEEDED

It can happen to any of us. Suddenly, you cannot drive yourself either temporarily or permanently. You have a doctor's appointment. How can you get there? You need to go grocery shopping but have no transportation. You find you cannot do some of the regular chores around your house, like



putting up the screens in the spring. You are housebound due to a recent illness or injury and you could really use a visitor to talk to. You are having some problems with a family member. The computer your kids gave you seems not to be working right when you want to send an email to a friend. **Who can you turn to? Keep this information in case the need arrives.**

Nauset Region FISH

Transportation to a Medical Appointment
508-255-2724

Nauset Neighbors

One call can arrange a variety of services
508-514-7067

Orleans Council on Aging

Day Center, Lunch, Daily Activities, Meals on Meals, Help with Fuel Costs and more
508-255-6333

Elder Abuse Hotline

You need protection from a family member or other
1-800-922-2275



NEIGHBORS AND FRIENDS OF NHA ENJOY THE 2011 ASSOCIATION ACTIVITIES



**CONTACT INFORMATION FOR
NAUSET HEIGHTS RESIDENTS**

Nauset Heights Association
NHA President: King Nelson
P.O. Box 12
East Orleans, MA 02643

nha@nausetheights.org
508-255-1721



SEE YOU ALL IN THE NEW YEAR!!