



1st Annual Nauset Heights Association Pickleball Tournament & Outing

Date: 19 & 20 July 2024

July 19th > **Time with the Pro 4:30 – 6:00**

July 20th > **Tournament est. 10:00 – 3:00**

Location(s):

- Court 1) Lipe Court, 31 Doane Road
- Court 2) Cottage B/ Farnham Court

Time: First games start at 10:00 in each location, we expect to be finished by ~3:00, dependent on the number of teams and pace of play. An awards ceremony will immediately follow the final game at the Lipe's Court.

We will meet at 9:15 at the Lipe court on Saturday, 20 July, to

- assure all waivers have been signed
- announce brackets, locations and first game times
- Familiarize everyone with the day's logistics
- answer any questions

Registration and Payment:

- Register for the tournament [here](#) indicating the name, contact information, and skill level of each 2-person team
- Then make your payment [here](#).
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General:

- As with most Nauset Heights Association events, the tournament is open to all Nauset Heights Association members and their guests. Also stated below, there is limited / no parking so please either walk or cycle to, and between the courts.
- Beverages (water / sports drinks) and snacks will be available throughout the tournament.
- **ALL PARTICIPANTS ARE REQUIRED TO SIGN A WAIVER WHICH WILL BE PROVIDED THE MORNING OF THE TOURNAMENT AND TIME WITH THE PRO.**

Fees:

- \$40 / Team for the tournament > A “Nauset Heights Pickleball Tourney T-Shirt” is included for the 1st 5 team registrants. See below.
- \$20 / person for **Time with the Pro** on 19 July from 4:00 – 6:30 at Lipe Court, 31 Doane Road. See description below.
- **HIGHLY RECOMMENDED, INFORMAL, SOCIAL, BEER & WINE**



Equipment and Merch:

- We will have some extra paddles and balls for the games
- You can buy (branded Nauset Heights logoed T-Shirts) pickleball gear at the tournament;
 - T-Shirt \$27.00 (Please specify size – M, L or XL)

Tournament – 20 July

- Our target is to register a minimum of 20 teams.
We will do our best to match skill levels, although the deeper you go in the tournament it is expected that the skill level will increase. Please state your team skill level in your registration:
 - Beginner – *never played/kicked around a court once or twice*
 - Some Play / Intermediate – *played 3 – 9 times*
 - Advanced – *you've played 10 times or more 😊*
- We will play bracket, double elimination, assuring a minimum of 2 games.
- Rules as follows;
 - Points are scored by the team that serves, and you play to 7 points. A team must win by 2 points.
 - When the side that serves has a score in an even number, the server for that team plays from the right side of the court. A score in an odd number means that the server plays from the left side.
 - When you serve the ball, you must hold the paddle and the ball below your waist and serve underhand.
 - You serve diagonally cross-court. While serving, you have to keep your feet from touching the court or the sideline area and keep at least one foot behind the baseline.
 - Players serve until they commit a fault, which is any rules violation that stops play. The first serves are made from the right side of the court, and if the server scores a point, that player then serves from the left side.
 - With the first serve of the game, that team gets only one chance to serve (until they commit a fault). But the opposing team then gets a chance for both players to serve (meaning until their team makes two faults). After this round, each team only gets one fault before the serve switches to the opposite team.
 - There's a two-bounce rule. This means that each side has to let the ball bounce once before returning it. After those two bounces, you can either hit the ball before it bounces (a volley), or off a bounce.
 - There's a zone called "the kitchen" within 7 feet on both sides of the net. This is the "no-volley" zone — meaning you can only hit a ball from this zone if it bounces first. If you hit a volley when standing in the kitchen, it's considered a fault. It's also a fault if you accidentally step into the kitchen after hitting a volley, even if it's just momentum that sends you there.
 - A ball touching any part of the line is "in."
 - A serve that hits the kitchen is a fault.

Time with the Pro – 19 July > 4:00 – 6:30

We will allocate 2.5 hours, from 4:00 until 6:30 on 19 July at Bill Lipe's court (address above) to spend time with the Pro, Catherine Owen. Please see short PROfile of Cat below. Included in these sessions will be;

- Pickleball Basics
- Skill(s) foundation and improvement
- Rules > Understanding the game
- Competitive advantage > game day strategies
- Beer & Wine

Dependent on the uptake of these sessions, we will determine the format and 1:1 or small group lessons / learning.

The Pro PROfile > Catherine Owen



Catherine (or Cat) supports SHORT COURT SPORTS as a Marketing & Account Coordinator and is a *Certified Pickleball Instructor*. She is responsible for spearheading outreach initiatives to potential partnerships for pickleball and padel events and collaboration. Cat is a Professional Pickleball Registered instructor with qualifications to run and execute pickleball lessons, clinics, and tournaments for all level players. Cat is key to the execution of pickleball events, contributing to event setup and teardown, delivering player instructions, managing bracket tournaments, overseeing on-site sales, and providing essential knowledge about the sport to participants.

Cat became involved in the Pickleball explosion as a result of her lifelong involvement in racket sports;

- SEWANEE / UNIVERSITY OF THE SOUTH / Women's Varsity Tennis Team (August 2017-May 2021)
 - Evelyn H. Mooney Award (2021); awarded to one female athlete from Sewanee for an outstanding four-year athletic career.
 - SAA Player of the Year (2018)
 - Female Outstanding Season Award (2019)
 - NCAA tournament qualifier
 - All-American Doubles Team (2020 season)
- ASHLEY HALL SCHOOL / Junior Varsity Tennis Coach – Charleston, SC
- I'ON CLUB / Tennis Professional – Charleston, SC

AWARDS + Drinks / Food / Social

Immediately following the last game, please join us on the lawn at The Lipe's 31 Doane Road for a short awards ceremony, beer / wine, a bite to eat and an opportunity to toast the competition.

Housekeeping

- There will be limited / no parking, so suggest that you either walk or cycle to and between the venues (Lipe and Farnham courts)
- You and your opponents will referee your games. You settle the in / out calls or other required judgements.